



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING HEALTHY FAMILIES



Homeschool Gym and Swim WAPAKONETA FAMILY YMCA

The YMCA is a great place for youth to begin learning about physical activity and healthy eating standards. Y staff will lead participants to learn methods to maintain a healthy active lifestyle over the course of their lives. We recognize the need for a well-rounded Home School Physical Education Program within the Wapakoneta Area. The goal of the program is to teach your child both respect for healthy habits, and also to develop confidence by learning new skills, building positive relationships that foster teamwork, and nurturing the whole potential of your child.

- **NEW THIS YEAR:** Group Swim lessons offered at a discounted rate during the swim portion of this program!

WHEN: Thursdays (Kickoff Celebration September 13!)

TIME: 1:00–3:00pm

LOCATION: WAPAKONETA FAMILY YMCA
419-739-9622

COST: \$20/Members \$40/Access or Non-members
(each session runs 7–8 weeks)
Group Swim Lessons: \$15

Contact Lindsay Zielonka at lzielonka@wapakymca.org for questions.