

Wapakoneta Family YMCA Recipe Exchange

Recipe : Oriental Ramen Noodle Salad

From: Jimmy Walker

Oven Temp.-----

Servings-----

2 packages Oriental Ramen Noodles

1 bag shredded cabbage

1/2 cup shredded carrot

1 cup sliced toasted almonds

*- to toast, broil 30 seconds or until light
brown*

1 cup sunflower kernels

1 bunch chopped green onion



Dressing:

1/2 cup sugar

3/4 cup vegetable oil

1/3 cup white vinegar

*Whisk above ingredients together and add flavor
packets from ramen noodles. Pour over salad.*

Nutrition Information(if available):