

Wapakoneta Family YMCA Recipe Exchange

Recipe : Craisin Salad

From: Dan Havens

Oven Temp.

Servings:

1 head red lettuce
1 head green lettuce
1 head iceberg lettuce
8 oz. mozzarella cheese, shredded
1 6oz. package Parmesan cheese, shredded
1 cup craisins
1 lb. bacon, cooked and crumbled
1/2 cup almonds, sliced
6 chicken breasts, cooked and diced
1/2 cup sweet onion, chopped
1/ cup sugar
2 teaspoons dry mustard
1/2 cup red wine vinegar
1 cup canola oil

Wash lettuce, break into pieces and add bacon, cheeses, craisins, almonds and chicken. In a blender, combine onion, sugar, mustard & red wine vinegar. Blend slowly adding canola oil until well mixed. Pour on salad or add separately.

Nutrition Information (if available):

